

HHH Construction Happenings



Noteworthy News From The Construction Management Team

January 24, 2017

Here We Go Again!

Construction Happenings is a temporary HHH periodical focusing on special projects. The intent is to keep residents, visitors and staff “in the know” about special projects in a separate venue so *News & Previews* does not become too large.

HHH is planning several project renovations this year. More information on some of these projects will be highlighted in the next issue of *Construction Happenings*, which will be after the 2017 Capital Budget is finalized.

This issue of *Construction Happenings* will include the Health Services Center Private Suite Project, as well as a couple of décor update projects that are currently in the project lineup.



HHH & Cobb Hill Are Project Partners Once Again

HHH is once again partnering with Cobb Hill Construction to be the project manager on the Health Services Center private suite renovations.



A lot of thoughtful work has been accomplished over the past year designing the future

suites. The work teams have included HHH Management and Caregiver Teams, Cobb Hill, LaVallee/ Brensinger Architects, colleagues at the City’s Fire and Building Departments and the Department of Health and Human Services. All of these experienced people have had a hand in helping us to shape the future neighborhood in the HHH Health Services Center – A design that will enhance personal living space, care delivery and support HHH’s person centered care initiatives.

Work is expected to start on January 30. Cobb Hill work hours will be from 7:30 AM to 4:00 PM, Monday through Friday. From time to time there may need to be an extension of the work day to get to a good and safe stopping point.



Health Services Center Develops 3 Private Room Suites

HHH was an early pioneer 50 years ago with the creation of a retirement community that planned for continuing care and services.

Over the years HHH has grown by leaps and bounds. We have become an accredited community that is nationally recognized as a leader in the aging field and have remained

true to our mission and roots with the United Church of Christ.

Now we are forging forward into the next 50 years and we continue to be in step with our mission having a clear focus on deinstitutionalizing nursing home care by creating private resident homes within a health care neighborhood that continues to promote independence, dignity, companionship and community.

These new design finishes and features will modernize a 50 year old building, update assistive care equipment with new technology and safety features, personalize one's living area and enhance quality of life.

Here are just some of the changes you can expect in the new suites:

- An entry façade into each personal living space and a shadow box feature to add one's own personal touch.
- A private bath en suite with special features for safe bathing.
- Décor selections with updated room colors and window treatments.
- New lighting, furnishings and special products that provide both a homelike appearance, yet, include care and safety necessities such as mechanical beds, personal lifts, night lighting, and space saving doors, etc.
- A wall-mounted smart television so one can view from the bed or seating areas; and
- A slimline fireplace built right into the wall.

How's that for our first try at creating updated private suites? As Mike has said many times, "We have to start somewhere and this is our first attempt—a toe in the water project!" These important first steps will help us

understand needs and the features that work best to provide wonderful care.



Caring For HSC Residents During Construction

Residents are our top priority at HHH. We are well equipped to manage every phase of the construction. We have planned resident moves, schedules of construction work, the need for rest and respite for residents and of course, some fun activities—down to every detail necessary for a successful completion of the project combined with successful resident outcomes.



En Suite Bathroom

Some might say it is the best feature of the renovation – a private bathroom equipped with an in-room shower! This new bath space will also be quite generous in size, 9'10" x 7'9"!

The unique and modern features of this bathroom start at its trendy, white, barn-style entry door. The door is a space saver by not opening into the bathroom or living area and also slides easily to open and close.

The shower walls and flooring areas will be beautifully tiled and coordinated with pleasing paint color. The entire space is to be fully accessible with nothing to step over or into to bathe.

This bathroom looks luxurious and one you would expect to find in a private home and, at the same time, it incorporates many safety features – a zero clearance entry, multiple grab bars on the wall that are sleek, a beautiful, Corian sink top that has camouflaged grab bars built into it and are ADA accessible. All features are purposefully

designed to promote maximum independence. However, if one is in need of personal assistance, there is plenty of room for a caregiver to safely assist. Even the in-room lift can help one travel safely from their living space to the bathroom without any additional institutional equipment taking up space in the home!



Curious About The Design Finishes?

Design boards are coming soon!

Right now we are verifying product availability. As soon as we can finalize all the details, we will be posting design boards so residents, family members, and staff can see, touch, and feel the finishes. We are bringing warmth through color and texture, and we are encouraging efficient use of space with these design features.



4th Floor Becomes An Integral Player In The HSC Construction Project

The 4th floor is an important part of the renovation as it will help us to create respite beds, remain open for hospital admissions, and continue our Licensed Nursing Assistant (LNA) training relationship with the American Red Cross.

During the actual construction, it is necessary to relocate several residents to another location while the construction is being done. The Nursing and Care Management teams are working directly with residents who require relocation. We are opening several beds on the 4th floor to best meet that objective.

A significant element of our current business operation includes our capability to provide short term, recuperative skilled care to patients who do not live on the Havenwood Campus. Our goal is to continue to meet those objectives and provide short term care in our 5-star, deficiency-free Skilled Nursing Facility.

HHH is truly an institute of learning. Our relationship with the Red Cross Program for Licensed Nursing Assistants has deep roots, and our continued commitment to support that level of learning will continue uninterrupted.



Fireside Chats And Frequently Asked Questions For HSC Project

Communication is key during a construction project and HHH is trying to keep residents, family and employees up to date with lots of information.

So far, Lynda and Mike have completed eight HSC Resident and Family meetings. They have also mailed letters to all HSC residents and families, as well as the HHH staff, along with a "Frequently Asked Questions" to further explain the project and the many facets involved in this exciting process.

Of course, this first edition of Construction Happenings helps to keep residents and staff "in the know" and has been placed in resident mailboxes at the Havenwood and Heritage Heights Campuses.

Keep watching for articles in News & Previews announcing the date, time and place for future Fire Side Chats with Lynda and Mike.

Just like all our previous construction projects, Mike and John will have a weekly program on HHH TV, Channel 919, so you can travel along with them as they make their weekly trek to

capture and explain the progress made each week!



A 50 Year Picture Journey And Walking Tour At Havenwood

Sometimes basement areas in large, commercial buildings can be dull and boring. Not anymore at the Havenwood Administration Building! Soon there will be a historical walking tour featuring the first 50 years at Havenwood Heritage Heights.

Many hands helped to pour through the thousands of photographs in our archives and find some fabulous pictures that help us tell the HHH story.

This inspiring, black and white picture display will start at the long wall at the base of the main lobby stairwell. Photo descriptions and wayfinding signage will help you travel through the winding corridors into the lower level of the Health Services Center and back up the stairs ending at the main entrance to the Health Services Center.

Come and see if you, or someone you know, are in one of these trend setting pictures. Better yet, make it a destination date! Make a plan with your partner, family member or friends to take a stroll through this nostalgic art display and finish your excursion with a delicious lunch in the Havenwood Café or a hot fudge sundae in Scoops!



East, South & West Hallways Get Repainted At Heritage Heights

What's next in the Barrows Activity Center? Little by little we plan to paint the walls in the east, south and west hallways using the tan

color scheme from the Dining Room. We plan to use the darker tone on the lower part of the wall and the light tan on the top part. These colors will also be worked into the wood trim areas.



Havenwood Hair Salon Gets A Glamor Update

It is well known that our HHH hair stylists produce some very glamorous hairdos in that very busy, little shop! Now there is going to be a little shimmer and glam in the shop too!

In the near future, we will be looking to bring some updates into the shop including some new electrical outlets, lighting, a paint color change and some new furnishings.

The details for this makeover are still in the works. We are letting you know ahead of time as we need to plan this work well in advance so we can continue to provide residents with great hair care services.



Havenwood Siding in Dogwood Courtyard

Later this spring when the weather is a bit warmer, another phase of the siding work will be completed in the Lodge Building.

This year's focus will be the Dogwood Courtyard.

Repairs will be made, as needed, and the area will be outfitted with gray vinyl siding and white trim pieces.



New Birchwood Coming To Havenwood Campus

Studio combinations have been a very successful redesign product for HHH. Although these 2 bedroom, special feature accommodations are known by different names on each campus, Birchwoods, Sunapees, Winnisquams, they were the result of 2 side-by-side studio units that were merged. The building footprint stayed the same and everything inside was renovated. Since the inception of this program in 1998 we have improved upon the design with input from residents living in them. Today we have 30 units that were combined!

In 2017 we are planning to do another at the Havenwood Campus. Units 209 and 210 will become the next Birchwood. Construction will commence in March or April.



More Tub To Shower Conversions To Be Done In 2017

A few years ago, HHH made the decision to eliminate bathtubs in all future renovations. This was an easy decision to implement in a new project; however, a bit more complicated as we try to update the existing 200+ bathtubs.

Although it is our wish to convert every bathtub to a walk in shower right now, it simply is not financially feasible to do so at a cost of \$4,400 each. Thus, we will move this grand plan forward trying to do as many as we can each year.

In 2017 we are planning to renovate 14 tubs in the Lodge Building and hopefully we can do some in the cottage areas. As of this writing we are finalizing the 2017 capital budget and we will make every effort to stretch our available dollars as far as we can.

There will be more information on this exciting program in a few more weeks once we determine final dollar allocations and the units that will be a part of this year's plan.



Administration Building Laundry Soon To Be Painted

Time for some updating and painting in this well used room! In the near future the laundry room will receive a makeover with new paint, seating and a new puzzle table!



Construction Safety Is An HHH Priority: Remember, "See Something – Say Something"

There is no one more important than our residents, staff, volunteers and visitors. It is our goal to make each construction project as safe as we can.

Cobb Hill Construction and HHH will barricade or safety tape construction areas, post caution notices and provide detour wayfinding.

However, to make our construction sites safe, we need all of us working together to avoid accidents. That means "keeping out" of construction areas and observing signage, caution tape, and barricades, even during off hours!

If you **See Something** that looks like a potential hazard, **Say Something** immediately by reporting it to the Campus Reception Office and they will get in touch with the appropriate staff or Cobb Hill Representatives.