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Meet the Hiking/Biking Committee

Wednesday, October 4, 2023
12:30 p.m. @ Tad's Place on the
Heritage Heights Campus

Lunch & Learn For Reservations call **603-225-6999** or sign up online at www.hhhinfo.com/events

Adventure & Wellness

Wednesday, November 15, 2023
12:30 p.m. @ Tad's Place on the
Heritage Heights Campus.



Heritage Heights Campus

149 East Side Drive
Concord, NH 03301-5475

tel: 603-224-5363

Toll Free: 1-800-457-6833

www.hhhinfo.com



Two Lunch & Learn Events

For Reservations call **603-225-6999** or sign up online at www.hhhinfo.com/events



Adventures around New Hampshire

Given by:

Resident Hiking/Biking Committee

Wednesday, October 4, 2023

**@ Tad's Place on the
Heritage Heights Campus**

The Resident Hiking/Biking Committee will share some of their adventures around the state as well as share about their lives at Havenwood Heritage Heights. Come learn about the various journeys taken by many residents either by hiking or biking. Meet committee members and *take an optional one mile hike* with them after lunch.

Adventures & Wellness

Sue Edge, Programs Coordinator

Wednesday, November 15, 2023

**12:30 p.m. @ Tad's Place on the
Heritage Heights Campus.**



The Programs and Volunteers Department, also known as the **Fun department** will present a slide show highlighting all the adventurous and wellness activities offered at Havenwood Heritage Heights. Adventure Series, bucket lists, overnight trips, day excursions, wellness activities and all around fun will be highlighted in this presentation by Sue Edge, Programs Coordinator for the Heritage Heights Campus and staff member for 33 years. ***What's On Your Bucket List?***

PLEASE RSVP TODAY • SPACE IS LIMITED